



Peace of Mind Mental Wellness Services

Terms of Service for SMS Communications

Consent for SMS Communication

*Information obtained as part of the SMS consent process will not be shared with third parties.

Types of SMS Communications

If you have consented to receive text messages from Peace of Mind Mental Wellness Services, you may receive text messages related to (scheduling sessions, appointment reminders, etc.).

Below are examples:

What time would you like to have a session?

Please confirm our scheduled date and time. To opt out at any time reply STOP from Peace of Mind Mental Wellness Services.

Standard Messaging Disclosures

- Message and data rates may apply.
- You can opt-out at any time by texting "STOP."
- For assistance, text "HELP" or visit our Privacy Policy

https://www.peaceofmindmentalwellness.com/_files/ugd/208e9d_36da7e4d111041d3ac3588dfeache684.pdf